## Growing Anti-racist UU's: A Curriculum for Children www.uucharlottesville.org/anti-racist-curriculum/

## **Spirit Play: Overview**

Spirit Play is an adaptation of the Godly Play by Montessori Methods, developed by Nita Penfold D.Min., Rev. Ralph Roberts, and Beverly Leute Bruce.

In the past two years, lessons were created by three Spirit Play teachers to focus specifically on racial justice. The following six lessons have been developed and implemented for young children, ages 3-5, prior to Kindergarten. They follow the framework of Spirit Play philosophy adapted from a Montessori-style curriculum with a specific format.

The stories are told at the beginning of a lesson with children, in a circle, and visual aids are used to illustrate the story using felt, toys and props. Following the story, the children are encouraged to spend time "working" by playing with their own 'play station', which they choose from toys, crafts and games as well as baskets containing items from previous stories.

Read the following background information for more about Spirit Play. Also review the website: http://www.spirit-play.com